

8/21/2021



THE GRAND PHOENIX OPEN CHAMPIONSHIPS



ARIZONA
PRIDE
TAEKWONDO

presents the



Hosted by



Schedule of Events

AUGUST 20 | FRIDAY

Arizona Grand Resort & Spa

12:00 PM - 8:00 PM Main Lobby
All Competitors check in / Non Grass Roots Weigh Ins

8:00 PM (Saguaro Ball Room)
Referee Meeting

AUGUST 21 | SATURDAY
Arizona Grand Resort & Spa Grand Ballroom

8:00 AM Doors Open
8:30 AM Opening Ceremonies
9:00 AM Competition Begins
6:30 PM GP Cook Out Party at the Oasis Water Park



Competition Format

OLYMPIC SPARRING

Current WT Rules will apply

COLOR BELTS

(USA Taekwondo weight classes will be used)

2 rounds X 1 min | 30 sec break

(Ages: 5 and under, 6-7yr, 8-9yr, 10-11yr, cadet 12-14yr, junior 15-17yr senior 18-32, ultra A 33-45, ultra B 46+)

(Rank: white-Yellow | orange-green | purple-blue | brown-red)

BLACK BELTS

(USA Taekwondo Weight classes will be used)

Youth weight classes (11 & Under)

2 Rounds X 1 min | 30 sec break

Medal Rounds- 3 Rounds X 1min

Cadet weight classes (12-14)

3 Rounds X 1 min | 30 sec break

Medal Rounds- 3 Rounds X 1:30 min

Junior weight classes (15-17)

3 Rounds X 1 min | 30 sec break

Medal Rounds- 3 Rounds X 1:30 min

Senior Olympic weight classes (18-32)

3 Rounds X 1:30 min | 30 sec break

Medal Rounds- 3 Rounds X 2 min

Ultra weight classes (33+)

3 Rounds X 1 min | 30 sec break



Competition Format

POOMSAE

GRASSROOTS (All Belts)

All Grass Roots Poomsae Divisions will use a bracketed format.

Double Elimination.

Color Belts to perform poomsae according to rank.

Grass Roots Black Belts to perform poomsae according to rank.

(ages: 5 and under, 6-7yr, 8-9yr, 10-11yr, cadet 12-14yr, junior 15-17yr senior 18-32, ultra A 33-45, ultra B 46+)
(rank: white-Yellow | orange-green | purple-blue | brown-red)

SPORT POOMSAE (All Belts)

All Divisions will use Cut Off Format.

All Poomsae will be announced 1 week prior to the tournament.

Black Belt Division winners will automatically be entered into the Grand Final.

- Random bracketed format.
- Poomsae will be randomly drawn by referee ring side for each match.
- Poomsae will be announced prior to "Charyeot".
- \$\$\$ Cash Prize/Scholarship for Grand Champion.

(ages: 10-11yr, cadet 12-14yr, junior 15-17yr senior 18-32, ultra A 33-45, ultra B 46+)



Competition Format

2v2 TAG TEAM SPARRING

BLACK BELT ONLY

Old School Rules. No Insteps, No Gloves. No penalties for falling.
\$\$\$ Cash Prize/Scholarship.

15 & Under

2 rounds X 3 min | 30 sec break

16 & Over

2 rounds X 3 min | 30 sec break

WEIGHT DIVISIONS

15 & Under

Male 136kg combined Female 118kg combined

16 & Over

Male 160kg combined Female 124kg combined

POWER BREAKING

Open to all ages and ranks.

Cement bricks stacked. Most broken by hand or head wins!

\$\$\$ Cash Prize!



The Venue

ARIZONA GRAND RESORT & SPA



The Arizona Grand Resort & Spa is Arizona's most family friendly resort boasting beautiful newly renovated suites, great dining, Championship Golf course, Oasis Water Park and a fitness club that could rival some big name gyms! With the Grand Phoenix Open held on site, you may never want to leave the property! Larger Suites are also available at a special GP rate. The Arizona Grand Resort & Spa is the perfect venue for the Grand Phoenix Open!

\$119 / per night NO RESORT FEES





REGISTRATION

Early registration closes August 2nd

Late registration closes August 15th

EARLY Registration

\$120

For First Event. \$20 each additional

**Olympic Sparring
Poomsae
Freestyle Board Breaking**

LATE Registration

\$180

For First Event. \$30 each additional

**Olympic Sparring
Poomsae
Freestyle Board Breaking**

Special Events

\$200

(per team)

2v2 Tag Team Sparring

Special Events

\$280

(per team)

2v2 Tag Team Sparring

Coach Pass

\$30

Coaches Pass

Coach Pass

\$50

Coaches Pass

World Class and Non Grassroots athletes must register through USA Taekwondo's Sport80.com site. World Class athletes that wish to compete in 2v2 TAG TEAM in addition to World Class events, please register first for your World Class division on Sport80.com then register for 2v2 TAG TEAM separately on www.gpopenkd.com.